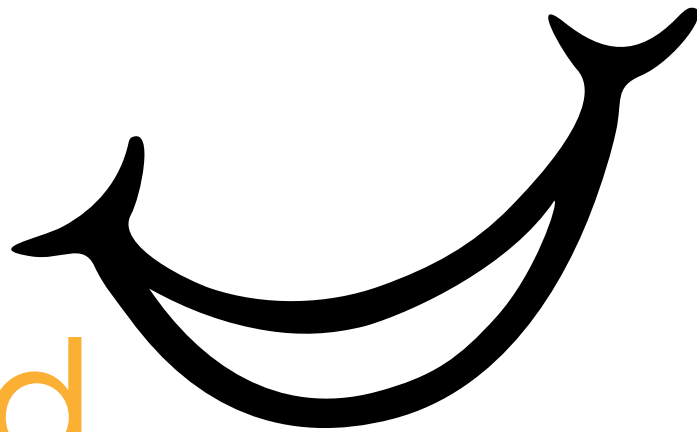


Mouths made good by Caphosol^{®†}



Caphosol[®] (supersaturated calcium phosphate rinse) is the only mouth rinse that is scientifically proven to reduce the incidence, severity, duration and the pain of oral mucositis.^{1,2}

Caphosol [®]	
What is it?	Caphosol [®] is a mouth rinse that is rich in both calcium and phosphate ions. It works by lubricating the mouth and making food easier to swallow ¹
How often should I use it?	At the start of cancer treatment you should use Caphosol [®] from 4 times per day or up to 10 times if the pain gets worse
Does it have side effects?	Reported side effects with Caphosol [®] have been rare and generally mild
What should I do if I accidentally swallow it?	Don't worry. No adverse effects are expected if Caphosol [®] is swallowed accidentally ³
Can I eat straight after using it?	No. You should avoid eating and drinking for at least 15 minutes after swishing Caphosol [®]
Will I get more saliva by using it?	No, Caphosol [®] doesn't stimulate the production of saliva
Where can I get it?	Ask your doctor or nurse for a prescription Caphosol [®]

[†]Caphosol[®] is indicated as an adjunct to standard oral care in the treatment of the mucositis that may be caused by radiation or chemotherapy. For more information about Caphosol[®] visit <http://www.caphosol.com>

Caphosol®

How do I use it?

Caphosol® is very easy to use and comes in two different colored ampules, which you need to mix together before swishing³

- You can use Caphosol® alongside other treatments, as there are no known interactions with other therapies³
- Caphosol® can be used between 4 and 10 times each day depending on the condition of your mouth³
- You should avoid using other mouth rinses, eating and drinking for at least 15 minutes after swishing Caphosol®³

1 Mix the two ampules together in a glass*



2 Swish with half of the liquid for one full minute



3 Spit out



4 Swish again with the other half for another full minute



5 Spit out, and you're done!



*Ampules do not need to be poured simultaneously into a glass

Caphosol® safety information

- If Caphosol® is swallowed accidentally, no adverse effects are expected
- There are no known interactions with other medicines
- Reported side effects have been rare and generally mild

For information about oral mucositis and how to manage it speak to your doctor or nurse and read the other resource factsheets available at www.mouthsmadegood.com

References:

1. Papas AS *et al.* *Bone Marrow Transplant* 2003;**31**:705–712. 2. Haas M *et al.* 50th ASTRO congress 2008; abstract 2530. 3. Caphosol® (supersaturated calcium phosphate rinse) Prescribing Information, July 2009.